

Prestonfield Neighbourhood Project Newsletter



Christmas Entertainment at Prestonfield

Welcome to issue fifteen of the Prestonfield Project Newsletter!

2013 saw a period of relative stability at Prestonfield thanks to more secure funding and we have welcomed many more new clients over the year.

We have striven to provide an interesting array of activities which we hope you have enjoyed and will continue to do so during

2014. Your input for things you would like to do at Prestonfield is always welcome, so please don't be shy, if you have an idea for an activity do mention this to a member of staff.

Another year has now come to a close and may I take this opportunity to wish everyone a happy new year!

Southside Community Centre

The Advice service at the Southside Community Centre is still going strong. The service provides advice on benefits, form filling, money advice and consumer advice to the over 50s.

The service runs each Monday from 9.30 am through to 3.30 pm. Either drop-in to the centre on Nicolson Street or **ring 0131 620 7222 to make an appointment.** And don't forget, we offer the same advice service every day at Prestonfield Neighbourhood Centre.

Carer Support Payment Scheme

If you have someone that provides you with unpaid care and you are in receipt of certain benefits your carer (which could be a partner, relative or friend) may be entitled to a one off payment of £250.

The carer must have, or have had in the last 12 months, a carers' assessment and awards are made on a first come first served basis. You must apply no later than 28th Feb 2013.

Please ask a member of staff for more information.

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*"To read a poem in January is as lovely as to go for a walk in June."
(Jean-Paul Sartre)*



JANUARY



This Month in History...

On the 1st January 1927 who began broadcasting their first programmes?

What was the name of the author of the Winnie the Pooh stories born on 18th January 1882?

Who reached the South Pole on the 17th January 1912?

Which poet was born on 25th January 1759?

On 28th January 1807 Pall Mall became the first street that had what?

BBC, A.A. Milne, Robert Scott, Robert Burns, The first street in the world to be lit by gaslights

First Footing

In the old days, the New Year started with a custom called 'first footing', which was supposed to bring good luck to people for the coming year.

As soon as midnight had passed and January 1st had started, people used to wait behind their doors for a dark haired person to arrive. The visitor carried a piece of coal, some bread, some money and some greenery. These were all for good luck - the coal to make sure that the

house would always be warm, the bread to make sure everyone in the house would have enough food to eat, money so that they would have enough money, and the greenery to make sure that they had a long life.



The Prestonfield Carers Group

For more information about our services for Carers please call **0131 620 7222** or speak to a member of staff.

This newsletter needs you...



Just a reminder that this is your newsletter and if you have an idea for an article or feature please do let a member of staff know. Perhaps you have a poem or article you've written yourself that you would like to see published?

The Reading Group

The Reading Group have had a little break from set books and this month we will be reading poems and singing songs by and about Robert Burns. Any suggestions for future books would be very gratefully received.

Day Centre Events to look forward to in January...

Mon 20th Jan – Carer's Social Evening

Fri 25th Jan – Burn's Day Story and Songs

Wed 29th Jan – Reading Group

The next User Group Meeting is on Monday 17th February

Prestonfield Project User Group

The Project has a User Group made up of clients who use the Centre. The Group meets every three months to discuss matters relating to the services provided at Prestonfield. We are currently looking for new members – transport and lunch is provided.

If you have any issues that you want to raise please speak to:
Eddie Ritchie, Cathy Rutherford, Anne Dobie, Isa Galloway, Marjory Kirk, Jimmy Flynn, Andrew McCleary, Betty Croll or Helen Cummings.