

Prestonfield Neighbourhood Project

Newsletter – Edition 26 – December 2014



Christmas is a Time - for Sharing by Barbara Laughlin

Old stories passed down through the years
"what grandpa did one Christmas eve"
Had you laughing through your tears

Christmas is a time - for caring
About your family, neighbours and friends
Lending a hand to others in need
before the season ends

Christmas is a time - for giving
Presents that came from your heart
Watching the children, hearing their laughter
As the packages are torn apart

Christmas is a time - for peace
When soldiers lay aside their guns
And raise a glass to peace and good will
To every father and every son

Christmas is a time - for remembering
Family not with us on Christmas morn
And why people everywhere celebrate
The night our saviour was born



Everyone at Prestonfield Neighbourhood Project wish you and yours a caring, sharing, peaceful Christmas Season

What's on this month

December is a busy month at the Project

Wednesday 10th December we have Prestonfield Primary School visiting us with excerpts from their Nativity - 'The woops-a- daisy angel'. & in the late afternoon a Carers Taster session of Taiji Qigong Shibashi - a stress antidote.

Friday 12th December is the Project Christmas Lunch with entertainment from singer Liz McEwan.

Friday 19th December the children from Little Monkeys Nursery are singing Carols for us.

This month in history.....

25 December 440

Church leaders agree to fix the date of the birth of Christ. Previously some people had celebrated it in May, others in January.

22 December 1715

James Edward Stuart, son of James II, the deposed Catholic King of England, lands in north-east Scotland to lead a [Jacobite rebellion](#).

23 December 1922

The world's first regular entertainment radio broadcasts are transmitted by the British Broadcasting Corporation (BBC).

11 December 1936

Britain's King Edward VIII renounces the throne in a radio broadcast to the nation. After the broadcast he boards a ship to join the twice-divorced Mrs Wallis Simpson in France.

18 December 1946

Clement Atlee's Labour government won the vote on state ownership which led to the nationalizing of the railways, ports, mines, etc.

21 December 1988

A Pan American jumbo jet bound for New York is blown out of the sky by a terrorist bomb and crashes onto the Scottish town of Lockerbie killing all 259 passengers and 11 people on the ground.



December Quiz

1. The song White Christmas was first performed in which 1942 film?
2. In the song The Twelve Days of Christmas, '...my true love brought to me nine what?'
3. Which Christmas carol includes the lyrics '...To save us all from Satan's power, when we were gone astray..?'
4. What Christmas item was invented by London baker and wedding-cake specialist Tom Smith in 1847?
5. How many points does a snowflake have?
6. From which country does the poinsettia plant originate?



Prestonfield Carers Corner

Carers have been accepting the offer of support at hospital, GP or other appointment to enable them to take their cared for person. If you would like to arrange this phone Caroline on 620 7222. Some carers have also asked for more information about manual handling training. Early in the New Year the Project will be offering a short training session to support you as a carer in those skills *and* we will look after the person you care for to enable you to attend.....

And a final reminder from Caroline that the Carer's Support Payment is a single payment of £250. It is for unpaid carers to spend on themselves for example to maintain health and wellbeing or for a short break from caring. You can call Social Care Direct to apply.

0131 200 2324

Carers have until 28 February 2015 to apply, however they will process applications on a first come, first served basis. There is a limited fund for the payment. Payments aren't guaranteed to everyone who applies.

The Project User Group

Eddie Cathy Isa



June



Marjorie

The Group met last month with Linda the Co-ordinator to discuss the many issues affecting your time at the Centre. The programme, the food, transport etc. If you have any issues you wish to raise speak to one of the Group who will be happy to hear your views and ensure they are discussed and dealt with. They also give views of the programme of activities and Centre Events, new members are welcome - let the office know if you are interested in being involved.



Betty



Janet



Jimmy

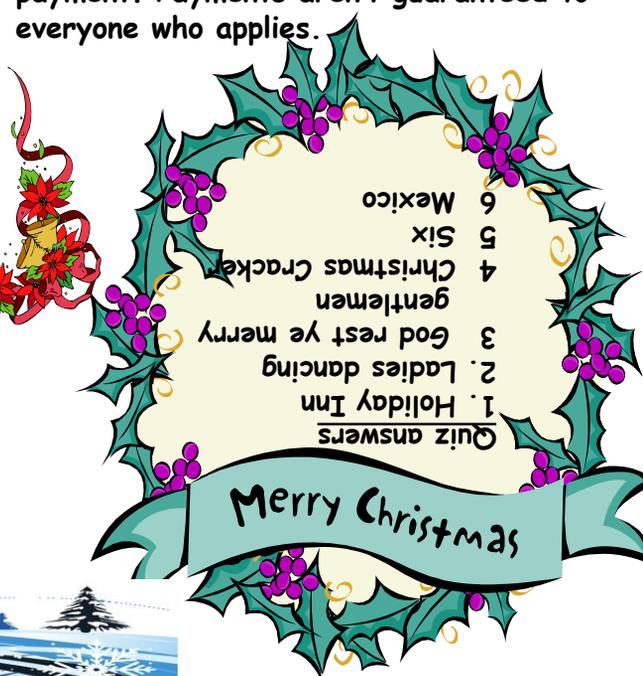


Liz



Anne

This phonenumber can help older people join events that are going on locally, Call for a chat with a friendly volunteer on local activities. **603 8311**



Quiz answers

1. Holiday Inn
2. Ladies dancing
3. God rest ye merry gentlemen
4. Christmas Cracker
5. Six
6. Mexico

Merry Christmas



"Unless we make Christmas an occasion to share our blessings, all the snow in Alaska won't make it 'white'." -- Bing Crosby