

The Prestonfield Reporter

Edition 81 – August 2019

Prestonfield Neighbourhood Project is a registered Charity No SC007869 & registered with the Care Inspectorate No CS2004076912



The Project Art Group preparing the art work for our Wild West Event this month



What's On this Month

- 1st August - Gentle Exercise, Musical Bingo and Hand & Head Massage with Pat.
- 2nd August - Bar Skittles, Dominoes and a visit from Little Monkeys.
- 5th August - Balloon Tennis & Gentle Exercise.
- 6th August - Dominoes, Table Top Games & Gentle Exercise.
- 7th August - Art & Crafts with Carolyn, Gentle Exercise, Skittles & Dominoes.
- 8th August - Skittles, Gentle Exercise & Head and Hand Massage with Pat.
- 9th August - Darts, Dominoes, & the Bean Bag Game.
- 12th August - Gentle Exercise, & a Beetle Drive.
- 13th August - Gentle Exercise, Musical Bingo, & Dominoes.
- 14th August - Summer Event - WILD WEST SHOW.
- 15th August - Summer Event - WILD WEST SHOW.
- 16th August - Basketball, Dominoes, Musical Movie Quiz.

- 19th August - Gentle Exercise, Little Monkeys Visit.
- 20th August - Gentle Exercise, Balloon Tennis, Dominoes.
- 21st August - Art & Crafts with Carolyn, Gentle Exercise, Newspaper Review & Dominoes.
- 22nd August - Gentle Exercise, Basketball & Head and Hand Massage with Pat.
- 23rd August - Balloon Tennis, Countdown, Dominoes.
- 26th August - Gentle Exercise & a Quiz.
- 27th August - Name that Tune & Dominoes.
- 28th August - Art & Crafts with Carolyn, Gentle Exercise & Dominoes.
- 29th August - Gentle Exercise, Musical Afternoon.
- 30th August - Hoopla Dominoes & the Chop Sticks Game.



August Quiz

1. Into which sea does the Nile flow?
2. What was the name of Ritchie Valens girlfriend?
3. What Italian word meaning scratched walls appears on walls all over the world?
4. What musical features 'Some Enchanted Evening' and 'There is nothing like a dame' ?
5. What was the name of the first manned lunar landing in 1969?
6. One and a half litres of Champagne is known as ?
7. What is the birthstone for September?
8. Which poisonous oily liquid occurs naturally in tobacco leaves?
9. What is the common name of the Aurora Borealis?

And now some cowboy questions.....



10. What did cowboys wear on their heads?
11. If a cowboy was wearing 'woolly chaps' what was he wearing?
12. Dried animal skin cut into strips and plaited was known as what?
13. Name the breed of cows raised on many ranches?
14. What was a chuck wagon?
15. What time of year did cattle round-ups usually happen?



Happy Feet

Our personal footcare and toenail cutting service for people over 50 is very popular and we are booked well ahead for the service. We are still taking new people for this service. If you are unable to manage your own footcare (toe nail cutting, filing etc) but do not require podiatry contact us.

The service is by appointment only - Costs £20 for the first visit and includes provision of your personal cutters and files. £15 per appointment after that.

Phone 620 7222
for information and an appointment



Prestonfield & District Neighbourhood Workers Project

This Centre is unique in offering this service in the Community. We have staff trained to replace batteries and do small repairs to NHS Hearing Aids.

Do you need your battery replaced or your NHS Hearing Aid checked - then ask at the Office or telephone 620 7222 for more information



Remember the last
Wednesday of the month is
the Carer's Café at
Prestonfield.

For Carers of Older People
And people with Dementia
Next Meeting -
Wednesday 28th August

Carers of older people or people with dementia are very welcome to join us on that morning for a tea or coffee and a chat and you can bring your cared for person who will be looked after by other staff. Before then if you need someone to talk to call me on 620 7225.

Karen
Carer Support Worker



Quiz Answers
1. Mediterranean.
2. Donna.
3. earth.
4. South Pacific.
5. Apollo 11.
6. Megrim.
7. Sapphire.
8. Nicotine.
9. Northern Lights.
10. A Stinson or a Samburo.
11. Leggings made from wool to keep his legs warm in winter.
12. Roundie.
13. Longhorns.
14. The wagon that carried supplies and cooking utensils.
15. Spring & Autumn.

INFO FOR CARERS AND PEOPLE IN RECEIPT OF DIRECT PAYMENTS

The Project currently has day care places available but as the places Commissioned by CEC are full they would need to be paid for. If this is something you are interested in for your relative and you would like more information about this part of our service then contact - :

Linda Wright or Lisa Redpath on 620 7222 for more information.