



# The Prestonfield Reporter

## Edition 74 - December 2018

Prestonfield Neighbourhood Project is a registered Charity No SC007869 & registered with the Care Inspectorate No CS2004076912



*The Project Management, staff and volunteers would like to wish you all a very Happy Christmas and a Peaceful New Year – and our very best wishes to everyone.*

### What's On this Month

- 3rd December - Gentle Exercise, visit from Little Monkeys
- 4th December - Musical Afternoon, Dominoes
- 5th December - Gentle Exercise, Christmas Art & Craft with Carolyn, Dominoes.
- 6th December - Christmas Craft
- 7th December - Ian Rintoul's - Film Show.
- 10th December - Gentle Exercise, Balloon Tennis, Dominoes.
- 11th December - Table Top Games, Dominoes.
- 12th December - Gentle Exercise, Art & Craft Class with Carolyn, Christmas Craft, Dominoes.
- 13th December - Christmas Craft.
- 14th December - CHRISTMAS LUNCH with AULD SPICE BAND.

- 17th December - Gentle Exercise, Little Monkeys CAROL CONCERT.
- 18th December - Name that Christmas Tune, Dominoes.
- 19th December - Art & Crafts with Carolyn, Gentle Exercise, Dominoes.
- 20th December - Christmas Bingo
- 21st December - Christmas Activities.

**CENTRE CLOSED UNTIL THURSDAY 3<sup>RD</sup> JANUARY 2019**

*A Programme for the Clearburn Club is delivered to each clients home at the beginning of each month. Please note these programmes can be and are changed to suit the needs and desires of clients on the day.*

## Christmas Quiz

1. The traditional English 'Father Christmas' was not dressed in red. What colour did he wear ?
2. When exactly is 'The Twelfth Night' ?
3. Which saints day is celebrated on: December 26th?
4. What were the two *all time best selling songs* in the USA in 1949 ? (both are Christmas songs) ?
5. Which 'embassy employee' toy was on many a boys Christmas list in 1964-65 ?
6. Which Christmas gift of the very highest quality, also known as 'Oil of Lebanon', comes from Oman ?



The next Carer's Café is on Monday 28<sup>th</sup> January in the Centre at 10.30am.

I was really pleased to welcome new faces at the last Café and hope this continues and that you folks who attend get a lot out of the opportunity to meet with and share experiences and discuss concerns and support each other in this journey you are undertaking.

As normal you can bring your cared for person with you with staff on duty to look after them.

Remember you can call me for a one to one chat - I am here to support you and listen to your ideas and suggestions to improve the service.

Best Wishes

Karen 620 7225

Carers Corner



## Direct Payments

If you are someone who receives these payments from Health & Social Care to enable you or you family to choose and purchase the type of care and support you want then Prestonfield currently has vacancies in our day services which may be of interest to you.



You can purchase a day or days at our day care for your relative which offers not only a social day for your relative but also offers carers respite - time for you to do something you want knowing your loved on is being well looked after.

If you would like more information about this part of our service then contact Linda Wright or Lisa Redpath on 620 7222 for more information about these day places.



Guess Who in their Halloween Masks

Quiz Answers  
1. Green - a sign of returning  
2. 5<sup>th</sup> January  
3. St Stephen  
4. White Christmas & Rudolph  
5. The Red nosed Reindeer  
6. Frankinsence

The Blessings of Peace, The Beauty of Hope,  
The Spirit of Love, The Comfort of Faith,  
May these be your gifts this Christmas Season.