



Christmas Past

(Written by Carice Williams)

Each Christmas I remember
The ones of long ago;
I see our mantelpiece adorned
With stockings in a row.
Each Christmas finds me dreaming
Of days that used to be,
When we hid presents here and
there,
For all the family.
Each Christmas I remember
The fragrance in the air,
Of roasting turkey and mince pies
And cookies everywhere.
Each Christmas finds me longing
For Christmases now past,
And I am back in childhood
As long as memories last.

Christmas



Quiz

1. The song White Christmas was first performed in which 1942 film?
2. Name the original eight reindeer from the 'Twas the night Before Christmas' poem?
3. In the inspirational 1946 film, It's a Wonderful Life, what's the name of George Bailey's guardian angel?
4. How many points does a snowflake have?
5. What are the names of the three wise men said to have brought gifts to the baby Jesus?
6. What colour are the berries of the mistletoe plant?

What's on this month

Tuesday 1st December - Christmas Lights bus trip
Thursday 3rd December - Christmas Lights bus trip
Friday 4th December - Craft with Isobel (Men)
Monday 7th December - Craft with Isobel and Christmas Lights bus trip
Friday 11th December - CHRISTMAS LUNCH
Monday 14th December - Prestonfield Primary School Visit.
Wednesday 16th December - Little Monkeys Visit and Christmas Lights bus trip.
Thursday 17th December - Hand Massage with Pat
Friday 18th December - Craft with Isobel (Women)
Monday 21st December - Craft with Isobel
Thursday 24th December - Christmas Eve
Friday 25th December - Centre Closed until Tuesday 5th January 2016



St Andrews Day Tea Dance



Safer Southside Project

For over 20 years this Project has worked in Partnership with the Police to offer a home & personal safety assessment. A trained police officer can visit you in your home and carry out an assessment. They may recommend additional security measures eg new mortice lock or security lighting which the Project has a small fund to pay for. The aims of this project within our Project is -:

- a) to reduce the fear of crime in older people and
- b) to ensure people are less vulnerable to crime.

Ask at the office if you are interested in having this work carried out - it is a free service.



Prestonfield Carers Corner



Last week we held a very successful pre-Christmas celebration where we welcomed carers and their families and friends, some of whom we had not seen for a while, to a very enjoyable evening with a buffet, some wine and Christmas music to get us into the mood before the mad Christmas rush is upon us. The evening gave Karen Walker our Carer Support Worker an opportunity to meet those carers who managed to attend but in the new year Karen will be contacting all our carers to offer support, a home visit or just a chat to offer support in whatever way she and the Project can.

Don't forget the Carer's Café continues on the last Monday of each month from 10.30am to 12noon except this month as the Project will be closed over the Christmas break. At the Café, Carers are welcome to bring their cared for person as staff are on hand to look after them while you meet with Karen and other Carers.

Remember our Carer Slots and Carer Buddy Service too.

E-mail Prestonfieldnp@southedinburgh.net or Karen on Karen.walker@pnp.southedinburgh.net
Telephone **620 7222** for help and support



Project Annual General Meeting

This took place on -:

Monday 23rd November 2015

The Management Group for 2015-16 was elected and are shown below.



Moira O'Neill



Sadie Rooney



May Hadden



Wojciech Kuzma

St Andrew's Day Tea Dance



- Quiz Answers
1. Holiday Inn
 2. Comet, Cupid, Dasher, Dancer
 - Prancer, Vixen, Donner, Blitzen
 3. Clarence Oddbody
 4. Six
 5. Balthasar, Melchior, Caspar
 6. White

The
Management Staff
and Volunteers at
the Project wish you
all a
Happy Christmas
and a Peaceful New
Year



Fiona Scott



Nan Moan



Bill Reid



Mamie Munro



Anne Dobie

