



Celebrating Christmas 2017



What's On this Month

- 3rd January - Art with Carolyn & Newspaper Reviews.
- 4th January - Balloon Tennis, Head and Hand Massage with Pat.
- 5th January - Newspapers Reviews, Beetle Drive & Dominoes.
- 8th January - Hang the Man, Dominoes.
- 9th January - Musical Afternoon.
- 10th January - Art with Carolyn, Bean Bag Game.
- 11th January - Skittles.
- 12th January - Little Monkeys - Bulb Planting, Dominoes, Head and Hand Massage with Pat.
- 15th January - Little Monkeys - Table Top Games.
- 16th January - Name that Tune.
- 17th January - Art with Carolyn, Skittles.
- 18th January - Floor Basketball, Head and Hand Massage with Pat.
- 19th January - Who am I, Dominoes, Storytelling.
- 22nd January - Quiz, Dominoes.
- 23rd January - Table Top Games.
- 24th January - Art with Carolyn, Quiz.
- 25th January - Burns Tea Dance.
- 26th January - Little Monkeys -Bingo, Crosswords, Dominoes.
- 29th January - Little Monkeys - Games & Sing Along.
- 30th January - Skittles.
- 31st January - Art with Carolyn, Memory Ball.

A Programme for the Clearburn Club is delivered to each clients home at the beginning of each month. Please note these programmes can be and are changed to suit the needs and desires of clients on the day.

Prestonfield Neighbourhood Project is a registered Charity No SC007869 & registered with the Care Inspectorate No CS2004076912

Quiz Answers
1 Australia
2 South Africa
3 Inter Milan
4 Kharoun
5 Joanne Woodward
6 Monica Lewinsky

January Quiz

1. Which Commonwealth country's Official National Day is 26th January, the day also being a public holiday since 1994?
2. The Cullinan diamond is the largest rough gem-quality diamond ever found and was discovered in 1905. In which country?
3. Football Manager Jose Mourinho celebrates his birthday today. Of which club is he the current manager?
4. General Charles Gordon died in 1885. With which African city is his name often associated?
5. Oscar winning actor Paul Newman was born this day in 1925. To which actress was he married for over 50 years?
6. In 1998, President Clinton appeared on U.S. Television and denied having sexual relations with which former intern?



**More
Christmas
Party
Goers
enjoying
listening
to Auld
Spice**



Staff enjoying their Christmas Lunch



Carers Corner



Hi everyone - hope you had a nice time over Christmas. On Monday 29th January instead of the usual Carers Café we are having a Carers Lunch at the Centre. We are gathering at 11.30am for lunch at 12noon and some information sharing afterwards.

This means that the next Carers Café will be on Monday 26th February 2018 at 10.30am. Any ideas or suggestions for support is welcomed and remember to call for a one to one chat with Karen - 620 7225. Please phone to book if you want to come for lunch.

Happy Feet



The Project offers a personal footcare and toenail cutting service to people over 50 who are unable to manage their own footcare (toe nail cutting, filing etc) but *do not* require podiatry. Staff trained by NHS Podiatrists are available for this service.

By appointment only - Costs £10 - first visit includes provision of your personal cutters and files

Phone 620 7222
for information and an appointment