



### Staff & clients getting ready for the Irish Event

#### What's On this Month

- |                        |  |                        |   |
|------------------------|--|------------------------|---|
| 1 <sup>st</sup> March  | - Basketball, Dominoes & Karaoke                                 | 18 <sup>th</sup> March | - Little Monkeys Visit  |
| 4 <sup>th</sup> March  | - Irish Craft, Dominoes  | 19 <sup>th</sup> March | - Basketball, Dominoes, Head and Hand massage with Pat            |
| 5 <sup>th</sup> March  | - Table Top Games, Dominoes                                      | 20 <sup>th</sup> March | - Arts & Craft with Carolyn Burchell, Newspaper Review, Dominoes. |
| 6 <sup>th</sup> March  | - Arts & Craft with Carolyn Burchell, Scottish Sayings, Dominoes | 21 <sup>st</sup> March | - Musical Exercise, Karaoke, Head and Hand Massage with Pat.      |
| 7 <sup>th</sup> March  | - Balloon Tennis Head & Hand Massage with Pat.                   | 22 <sup>nd</sup> March | - Horse Racing Game, Beetle Drive, Dominoes.                      |
| 8 <sup>th</sup> March  | - Little Monkeys visit, Darts.                                   | 25 <sup>th</sup> March | - Celebrating Ireland   |
| 11 <sup>th</sup> March | - Musical Exercise, Quiz, Dominoes Little Monkeys visit.         | 26 <sup>th</sup> March | - Balloon Tennis, Dominoes.                                       |
| 12 <sup>th</sup> March | - Musical Bingo, Dominoes.                                       | 27 <sup>th</sup> March | - Arts & Craft with Carolyn Burchell, Family Fortunes, Dominoes.  |
| 13 <sup>th</sup> March | - Skittles, Dominoes, and Arts & Craft with Carolyn Burchell.    | 28 <sup>th</sup> March | - Musical Exercise, Musical Bingo, Head & Hand Massage with Pat.  |
| 14 <sup>th</sup> March | - Basket Ball Games, Quiz, Head & Hand Massage with Pat.         | 29 <sup>th</sup> March | - Darts Dominoes, Quiz.   |
| 15 <sup>th</sup> March | - Hoopla, Countdown, Dominoes.                                   |                        |   |

## St Patricks Quiz

1. No one is certain about the exact location of Bannavem Taberniae, St. Patricks birthplace, but many scholars suggest it is in present day : Wales, Scotland, France, or Denmark?
2. What was the Latin name for Ireland ?
3. Once upon a time(15th and 16th centuries) it was widely accepted in Ireland that rats could be destroyed by which of the following: a. rhyming verse b. holy water c. the sound of pipes d. the sound of mourning widows ?
4. Kevin Barry was just a lad of how many "summers" ?
5. Plus or minus 1, how many Irish born men or women have won the Oscar for best actor/actress ?
6. Which 'measured' American writer said "Give an Irishman lager for a month, and he's a dead man, An Irishman is lined with copper, and the beer corrodes it but whisky polishes the copper and is the saving of him" ?

## Sensory Impairment Event



**Having trouble hearing ?  
Worried about your hearing but  
don't want to go to the GP Surgery**



 **Is your eye sight getting worse?**

**Come along to our Open Day-**

- get advice and information
- have your hearing screened
- get your NHS hearing aids checked

on

**Saturday 30<sup>th</sup> March 2019**

**10am to 3pm**

In

**Prestonfield Neighbourhood Centre**

**63 Prestonfield Avenue**

**Edinburgh**

**EH16 5EX**

**In Partnership with**

**Prestonfield**

**Neighbourhood Project**



## Carers Corner



The next Café is on Monday 25<sup>th</sup> March. You are very welcome to come along and meet the other Carers. You can bring your cared for person as we have staff to look after them while you are at the café. You can also call me for a one to one chat.

Karen 620 7225

## Happy Feet



The Project offers a personal footcare and toenail cutting service to people over 50 who are unable to manage their own footcare (toe nail cutting, filing etc) but *do not* require podiatry. Staff trained by NHS Podiatrists are available for this service.

By appointment only - Costs £20 for the first visit and includes provision of your personal cutters and files. £15 per appointment after that.

Phone 620 7222

for information and an appointment

## INFO FOR CARERS AND PEOPLE IN RECEIPT OF DIRECT PAYMENTS

Did you know you can purchase a day or days at our day care for your relative which offers not only a social day for your relative but also offers you carers respite - time for you to do something *you* want knowing your loved on is being well looked after.

If you would like more information about this part of our service then contact **Linda Wright** or **Lisa Redpath** on **620 7222** for more information about these day places.

Quiz answers  
1. Wales  
2. Hibernia  
3. A Rhyming verse  
4. 18  
5. O ii  
6. Mark Twain