



Gladys helping Yvonne find her Dream Man



At the Spring Lunch with Gladys Chucklebutty about to chop off Gina's head !!*#@!



What's On this Month

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| <ul style="list-style-type: none"> 1st May - Musical Afternoon. 2nd May - Art with Carolyn, Bean Bag Game, Dominoes. 3rd May - Memory Ball. 4th May - Little Monkeys Visit, Table Top Games, Gentle Exercise, Beetle Drive. 7th May - Little Monkeys visit - activity to be arranged!! 8th May - Table Top Games. 9th May - Art with Carolyn, Quiz, Dominoes. 10th May - Basketball, Head & Hand Massage with Pat. 11th May - Horse Racing Game, Gentle Exercise, Chopsticks 14th May - Countdown, Dominoes. 15th May - Name that Tune. 16th May - Art with Carolyn, Who am I, Dominoes. | <ul style="list-style-type: none"> 17th May - Hoopla. 18th May - Royal Wedding Party 21st May - Little Monkeys Visit 22nd May - Karaoke Afternoon. 23rd May - Art with Carolyn, Dominoes. 24th May - Bean Bag Game, Head and Hand Massage with Pat. 25th May - Safer Southside - visit by Police Scotland. 28th May - Quiz, Dominoes. 29th May - Skittles. 30th May - Art with Carolyn, Dominoes. 31st May - Beetle Drive. |
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- Quiz Answers
- 1 Tumbler
- 2 Jayne Torwill & Christopher Dean
- 3 Abbott & Costello
- 4 Cock
- 5 Father Ted
- 6 Spice Girls

A Programme for the Clearburn Club is delivered to each clients home at the beginning of each month. Please note these programmes can be and are changed to suit the needs and desires of clients on the day.

Prestonfield Neighbourhood Project is a registered Charity No SC007869 & registered with the Care Inspectorate No CS2004076912

May Quiz

1. Which beverage containers are so called because they originally had a convex base and could not be put down without spilling; encouraging the drinker to finish the whole glass?
2. Who are the only two people to have been joint winners of BBC Sports Personality of the Year Award?
3. Which double act used the first names Bud and Lou?
4. What links: Pea, poppy, weather and shuttle?
5. Which sitcom was set on Craggy Island?
6. Which act had three consecutive Christmas number one singles in the 1990s?



Happy Feet

The Project offers a personal footcare and toenail cutting service to people over 50 who are unable to manage their own footcare (toe nail cutting, filing etc) but do not require podiatry. Staff trained by NHS Podiatrists are available for this service.

By appointment only and from 14th May the charge is increasing to £20 for the first visit which includes provision of your personal cutters and files and to £15 for each subsequent visit



Phone 620 7222

for information and an appointment

Changes to the conditions when accepting a placement at Prestonfield.

A letter has gone out to all clients regarding people not attending each week when they have been given a weekly day place currently funded by Health & Social Care. That place includes transport to and from the Centre and if you are not attending weekly your place can be withdrawn and offered to someone on the waiting lists who *will* attend each week.



As you may be aware the Project are facing quite a serious financial crisis since the end of Big Lottery funding and there is a possibility of losing some of our current funding if places are not being used to their maximum.

The letter is advising everyone if they do not use the place it will be withdrawn and re-allocated and you would then be put on a waiting list to await another vacancy.

Linda Wright Project Co-ordinator

Interesting facts about May.....

It is the third and last month of the season of spring.

The birthstone of May, the emerald, symbolizes success and love.

May in the Northern Hemisphere is similar to November in the Southern Hemisphere.

May was once considered a bad luck month to get married.

There is a poem that says "Marry in May and you'll rue the day".

In Old English May is called the "month of three milkings" referring to a time when the cows could be milked three times a day.

The Indianapolis 500 car race is held each year during this month. The Kentucky Derby, the world's most famous horse race, is also held on the second Saturday of this month.

The month of May is devoted to the Virgin Mary in the Catholic Church.

The [United Kingdom](#) celebrates May as the National Smile Month.

The last week of May is Library and Information Week.



Carers Corner

Hi everyone - the Carers Café in March was attended by over 20 people and Dr Glancy from Edinburgh University came to speak to carers about their experiences caring for someone with dementia. This was a good attendance and we hope to see some of you at our next Café on Monday 28th May at 10.30am in the Neighbourhood Centre.

As always I am available for you to talk to and you can bring your cared for person as we have staff on duty to give you the time to attend.

See you soon - Karen