



The children from Little Monkeys and our Clients making their Easter Cards !



Carer's Corner



We were delighted this month to welcome some new people to the Carer's Café. We do hope you continue to attend when you can and we usually have staff available to be with your cared for person to give you a little space for mutual support, information and a chat with someone on the same journey as you. As usual I will be there and as well as the monthly meetings am available for one to one visits or chats when you need me - we are hoping to use a different venue for the next Café - I will be in touch - Karen 620 7225



May Time Magic



A little seed
For me to sow
A little earth
To make it grow

A little hole,
A little pat,
A little wish,
And that's that.

A little shower
A Little sun
A little while,
And then a flower.

Author: Mabel Watts

What's On this Month

- 1st May - Arts & Craft with Carolyn Burchell , Skittles Dominoes.
- 2nd May - Hoopla.
- 3rd May - Little Monkeys Visit - Chop Sticks Game.
- 6th May - Musical Afternoon & Dominoes.
- 7th May - Table Top Games, Dominoes.
- 8th May - VE DAY Celebration.
- 9th May - Memory Ball, Head and Hand Massage with Pat.
- 10th May - Darts , Dominoes & a Sing Along.
- 13th May - Little Monkeys Visit.
- 14th May - Name that Tune & Dominoes.
- 15th May - Art & Craft with Carolyn Burchell, Quiz & Dominoes.

- 16th May - Bean Bag Game, Head & Hand Massage with Pat.
- 17th May - Beetle Drive, Hoy Bingo & Dominoes.
- 20th May - Basketball & Dominoes.
- 21st May - Memory Ball & Dominoes
- 22nd May - Art and Crafts with Carolyn, Balloon Tennis, & Dominoes.
- 23rd May - Musical Afternoon and Head and Hand massage with Pat.
- 24th May - Skittles, Family Fortunes & Dominoes.
- 27th May - Balloon Tennis & Dominoes.
- 28th May - Musical Afternoon & Dominoes.
- 29th May - Art & Craft with Carolyn, Riddles & Dominoes.
- 30th May - Skittles and Head and Hand Massage with Pat.
- 31st May - Bar Skittles, Darts & Dominoes.

May Quiz

1. Which English queen has the same name as a type of plum?
2. What unit is used to measure horses?
3. Who is the patron saint of music?
4. What is the only bird that can hover in the air and also fly backwards?
5. Which country did opera singer Pavarotti come from?
6. Who is Reg Dwight better known as?
7. Which city is said to have been founded by Romulus and Remus?
8. What instrument can be bass, electric or Spanish?
9. Which type of calendar is used today in the western world?
10. Which animal's name comes first in the dictionary?

INFO FOR CARERS AND PEOPLE IN RECEIPT OF DIRECT PAYMENTS

The Project currently has day care places available but as the places Commissioned by CEC are full they would need to be paid for. If this is something you are interested in for your relative and you would like more information about this part of our service then contact -:

Linda Wright or Lisa Redpath on 620 7222 for more information.

Happy Feet



Our personal footcare and toenail cutting service for people over 50 is very popular and we are booked well ahead for the service. We are still taking new people for this service. If you are unable to manage your own footcare (toe nail cutting, filing etc) but do not require podiatry contact us.

The service is by appointment only - Costs £20 for the first visit and includes provision of your personal cutters and files. £15 per appointment after that.

Phone 620 7222

for information and an appointment



Do you recognise these Cap Badges ?



The Centre Art Group preparing for the VE Day Anniversary Celebration on 8th May 2019.



- Quiz Answers
1. Victoria
 2. Hands
 3. Cecilia
 4. Hummingbird
 5. Trudy
 6. Elton John
 7. Rome
 8. Guitar
 9. Gregorian
 10. Aardvark