



The Prestonfield Reporter

Edition 73 - November 2018

Prestonfield Neighbourhood Project is a registered Charity No SC007869 & registered with the Care Inspectorate No CS2004076912



It is with much regret we announce the death of **Sadie Rooney**, the vice Chairperson of the Project. Sadie was born in Stockbridge in Edinburgh in 1937 and her life journey brought her to Prestonfield over 40 years ago. Sadie was a lifelong socialist - she believed in people and she believed in the strength of Communities coming together to improve the lives of everyone. She was for a time an Edinburgh Councillor and some of you may remember her as one of the famous four Edinburgh Councillors who resigned on principle when the Council decided to increase Council house rents despite being elected on a mandate of no increases. During her time in the Council she Chaired the Anti-Apartheid Committee and was with Winnie Mandela when Mandela Square was opened in Edinburgh.

Sadie was involved in setting up the Prestonfield Tenants & Residents Association - as well as fighting for tenants rights, she along with other local folk formed a local Gala Committee. Sadie was also part of the Prestonfield Cares Group set up during a disastrous Council window replacement scheme and fought with Councillors Jess Rogan and Phillis Heriot for a Community Centre for Prestonfield - Cameron House is the result.

Sadie was in the forefront of the Community Resistance to the Poll Tax, a fight the Communities in Britain won and in 1989 was part of the Steering Group which formed Prestonfield & District Neighbourhood Workers Project and became the vice Chairperson from that day until the day she died on the 9th October 2018. Despite her own failing health, up to the last, Sadie fought for services to improve the lives of older people in the Community of South Edinburgh. At her packed funeral words were spoken of her achievements over the years, the struggles she was involved in both personally and for her community and words from one of her favourite poets Maya Angelou were read.

In this Project, Sadie's commitment will never be forgotten for as well as serving on the Management from day one, she was also a working volunteer in the Centre until her health would not allow it.

I finish this tribute to Sadie with the words of one of her favourite poets which I think are fitting - :

"God puts Rainbows in clouds so that each of us in the dreariest and most dreaded moments can see a possibility of hope. The thing to do is to prepare yourself so you can be a rainbow in somebody else's cloud. Somebody who may not look like you, may not call God the same name you call God - if they call God at all. Somebody who may not dance your dances or speak your language, but somebody you can be a blessing to" -Maya Angelou.

Sadie has been a blessing to us all, to her family, to her friends and to the Community - May she Rest in Peace.

The Management Group

What's On this Month

- | | |
|--|--|
| 1 st November - Parachute Games, Head & Hand Massage with Pat | 19 th November - Gentle Exercise, Little Monkeys. |
| 2 nd November - Little Monkeys Visit, Skittles. | 20 th November - Skittles, Dominoes. |
| 5 th November - Little Monkeys visit, Gentle Exercise. | 21 st November - Art & Crafts with Carolyn, Gentle Exercise, Family Fortunes, Dominoes. |
| 6 th November - Musical Afternoon, Dominoes | 22 nd November - Musical Afternoon, Head & Hand Massage with Pat. |
| 7 th November - Art & Crafts with Carolyn, Gentle Exercise, Scottish Quiz, Dominoes. | 23 rd November - Dominoes, Beetle Drive. |
| 8 th November - Bean Bag Game, Head & Hand Massage with Pat | 26 th November - PROJECT ANNUAL GENERAL MEETING 2PM |
| 9 th November - Hoopla, Play your Cards Right. | 27 th November - Hoop-La, Dominoes |
| 12 th November - Gentle Exercise, Balloon Tennis, Dominoes. | 28 th November - Art & Craft with Carolyn, Bean Bag Game, Dominoes |
| 13 th November - Name that Tune, Dominoes. | 29 th November - Last Man Standing, Head & Hand Massage with Pat. |
| 14 th November - Art & Crafts with Carolyn, Gentle Exercise, Beat the Hammer, Dominoes. | 30 th November - Celebrate St Andrews Day - Little Monkeys |
| 15 th November - Skittles, Head and Hand Massage with Pat. | Visit |
| 16 th November - Basketball, Little Monkeys Visit. | |

A Programme for the Clearburn Club is delivered to each clients home at the beginning of each month. Please note

these programmes can be and are changed to suit the needs and desires of clients on the day.

1. What tasty name did Captain Cook give the Hawaiian Islands in 1778s ?
2. The cooking term 'Roux' is a combination of which two ingredients?
3. Which Irish actor was nominated eight times for an Oscar and never won ?
4. In which sport did the 'Czech Locomotive' Emil Zatopek excel?
5. The name of which music style is also that of a nymph in Greek mythology?
6. Which two Cornelius Ryan novels were later made into Hollywood films with an 'all star' cast? One point for each correct answer.?



Happy Feet

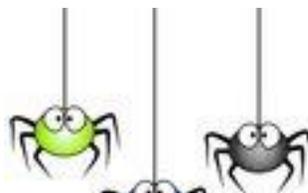


The Project offers a personal footcare and toenail cutting service to people over 50 who are unable to manage their own footcare (toe nail cutting, filing etc) but do not require podiatry. Staff trained by NHS Podiatrists are available for this service.

By appointment only - Costs £20 for the first visit and includes provision of your personal cutters and files. £15 per appointment after that.

Phone 620 7222

for information and an appointment



Spooky
Halloween
At



Prestonfield



Carers Corner

The next Carer's Café is on Monday 26th November at 10.30am - everyone is welcome and you can bring your cared for person with you they will be looked after in another part of the Centre.

Remember you can call me for a one to one chat - I am here to support you and your ideas and suggestions to improve the support is very welcome.

See you soon - Karen



Project AGM takes place on
Monday 26th November 2018 in
Prestonfield Neighbourhood Centre at 2pm
ALL WELCOME

- Quiz Answers
- 1 Sandwich
 - 2 Flour & Butter
 - 3 Peter O'Toole
 - 4 Long Distance Running
 - 5 Calypso
 - 6 The Longest Day & A Bridge too Far.