

November Quiz

1. Which Vitamin do you get from sunshine?
2. In Medieval England rents were frequently calculated and paid in the dried berries of which condiment?
3. What is the name of water that collects in the bottom of a boat?
4. Which breed of cats, rabbits, and goats have the same name?
5. What were the names of the two cartoon mice pursued by the cat Mr. Jinx?
6. In the Hans Christian Andersen story, which little girl was found inside the petals of a flower?
7. What is the name of Italy's largest airport, situated in Rome?
8. Name the three musketeers?
9. Who played Mike Baldwin in Coronation St.?
10. Who followed Hugh Gaitskell as leader of the labour party?



Safer Southside Project

For over 20 years this Project has worked in Partnership with the Police to offer a home & personal safety assessment. A trained police officer can visit you in your home and carry out an assessment. They may recommend additional security measures eg new mortice lock or security lighting which the Project has a small fund to pay for. The aims of this project within our Project is -:

- a) to reduce the fear of crime in older people and
- b) to ensure people are less vulnerable to crime.

Ask at the office if you are interested in having this work carried out - it is a free service.

- Quiz Answers**
1. Vitamin D
 2. Peppercor
 3. Bilge
 4. Angorra
 5. Pixie & Dixie
 6. Thumblinga
 7. Leonardo Da Vinci International
 8. Aramis, Porthos & Athos
 9. Johnny Briggs
 10. Harold Wilson



LOOPS in partnership with this Project, are holding an event on Monday 16th November looking at ways to strengthen the voice of local older people. The event, to which all are welcome, takes place at 1.30pm in Cameron House Community Centre.



Prestonfield Carers Corner



This month we are holding a Carers pre - Christmas Social on Wednesday 25th November. All our Carers are invited and can bring the person they care for or a friend if they wish, for an evening of eats drinks and good company. The event starts at 6pm in Prestonfield Neighbourhood Centre.

The Carer's Café continues on the last Monday of each month from 10.30am to 12noon. Carers are welcome to bring their cared for person as staff are on hand to look after them while the Carer meets other Carers.

We have appointed a new Carer Support Worker Karen Walker and you will be able to meet Karen on the 25th November and in addition to our normal Advice Services we also have the Carer's Drop in Advice Session on Wednesday afternoons from 1pm to 3pm or E-mail Prestonfieldnp@southedinburgh.net or Telephone **620 7222** for help and support

Project Annual General Meeting



This takes place on -:

Monday 23rd November 2015

in the Neighbourhood Centre at 2pm. This is our main business meeting of the year and everyone is invited to attend including clients, their carer or family members to hear reports of the last year's works and to receive the Inspected Annual Accounts. We are also looking for additional members to join the Management Group. There are 11 meetings in a year on the last Monday of the month at 4pm. If you would like to be part of the Management of the Project contact the office on **620 7222** or come to the AGM where you can be proposed and then elected.