

Prestonfield Neighbourhood Project

Newsletter – Edition 36 – October 2015



Brown October - A Poem by Albert Pike

October, brown October, with his slow
And melancholy step, has left the hills
And comes upon the plains. The wild
winds blow
Through the thick leaves, with cold and
gusty thrills,
Turning their greenness to the sere red
hues
Of sober Autumn. Through the murmuring
dells,
Heralded by the frost, that wildly strews
The faded leaves along his way, strides
on
The sober Month: and over the bright
eye
Of the desponding sun,
The cold clouds fold their vesture dun,
Or on the bare gray hills like couching
eagles lie.

October in history

October 6, 1949 - "[Tokyo Rose](#)" (Iva Toguri d' Aquino) was sentenced in San Francisco to 10 years imprisonment and fined \$10,000 for treason. She had broadcast music and Japanese propaganda to American [troops in the Pacific](#) during World War II. She was pardoned by President Gerald Ford in 1977.

October 6, 1981 - Egyptian President [Anwar Sadat](#) (1918-1981) was assassinated in Cairo by Muslim fundamentalists while watching a military parade. He had shared the 1978 Nobel Peace Prize with Menachem Begin of Israel. He had signed an American-sponsored peace accord with Israel, but had been denounced by other Arab leaders.

October 7, 1940 - During [World War II in Europe](#), German troops invaded Romania to take seize strategic oil fields.

October 8, 1998 - The U.S. House of Representatives voted 258-176 to approve a [resolution](#) launching an impeachment inquiry of President Bill Clinton. It was only the third time in U.S. history the House launched a formal [impeachment](#) inquiry of a sitting president. (The other two: Andrew Johnson and Richard Nixon).

October 9th 1940- John Lennon was born in Liverpool, England. He was a member of *The Beatles*, an influential rock group which captivated audiences first in England and Germany, and later in America and throughout the world. He was murdered in New York City on December 8, 1980.

What's on this month

Friday 2ND October - Ladies Group Pamper Day

Saturday 3rd October - Mix & Mingle Event at
Southside Community Centre

Thursday 8th October - Hand Massage with Pat

Friday 9th October - Craft with Isobel (Men)
(Men)

Monday 12th October- Craft with Isobel

Friday 16th October- hand massage with Pat
(Men)

Monday 19th October - Film Event - 'The
Time, the Place and the Girl'.

Thursday 22nd October - Hand Massage with
Pat - Dayroom 1

Friday 23rd October - Craft with Isobel
(Women)

Monday 26th October - Craft with Isobel

Friday 30th October - Hand Massage with Pat
(Women)



October Quiz

1. If you were born in October what would your birthstone be?
2. If you were born on the third of October, what would your western zodiac sign be?
3. What famous fashion item made its debut on the 24th of October 1939?
4. What do the letters R and A stand for in the name of the world's oldest golf club?
5. At which age can a player join the Seniors' Golf Tour?
6. What was the first name of the US golfer Palmer?
7. What combines with potatoes to make the dish "Bubble and Squeak"?
8. What percentage of a cucumber is water?
9. In some countries, this fruit may be called a plantain.
10. What is the young of a crane fly called?



Safer Southside Project

For over 20 years this Project has worked in Partnership with the Police to offer a home & personal safety assessment. A trained police officer can visit you in your home and carry out an assessment. They may recommend additional security measures eg new mortice lock or security lighting which the Project has a small fund to pay for. The aims of this project within our Project is -:

- a) Seek to improve the security of people's homes rendering them less vulnerable to housebreaking and the bogus caller and
- b) to address the very real fear of crime which affects many people regardless of how vulnerable they really are.

Ask at the office if you are interested in having this work carried out - it is a free service.

Quiz Answers

1. Opals
2. Libra
3. Nylons
4. Royal & Ancient
5. 50
6. Arnold
7. Brussel Sprout
8. 90%
9. Banana
10. Leatherjack



603 8311

This phoneline can help older people join events that are going on locally, Call for a chat with a friendly volunteer for info on local activities.

Prestonfield Carers Corner



The Carer's Café continues on the last Monday of each month from 10.30am to 12noon. Carers are welcome to bring their cared for person as staff are on hand to look after them while the Carer meets other Carers. This is a social gathering and we encourage you to come along and bring a friend if you wish.

The Carers had another successful social evening on the 7th September in the Salisbury Arms.

Other events are being explored for Carers and we hope to have a short programme soon. If there is something you would like us to do then contact the Project office on 620 7222 for more information

In addition to our normal Advice Service we also have the Carer's Drop in Advice Session on Wednesday afternoons from 1pm to 3pm or E-mail Prestonfieldnp@southed



Project Annual General Meeting

This takes place on *Monday 23rd November 2015* in the Neighbourhood Centre at 2pm. Everyone is invited to attend including clients, their carer or family members to hear reports of the last year's works and to receive the Inspected Annual Accounts. We are also looking for additional members to join the Management Group. There are 11 meetings in a year on the last Monday of the month at 4pm. If you would like to be part of the Management of the Project contact the office on 620 7222 or come to the AGM where you can be proposed and then elected.

WANTED - Project Volunteers

Do you have a few hours to spare during the day?

Are you looking to make a difference?

We are looking to recruit some volunteers to support the work in the Centre

Contact Linda on 620 7222 for more information

