

Prestonfield Neighbourhood Project

Newsletter – Edition 35 – September 2015



A Poem by Edgar Albert Guest....

It's September, and the orchards
are afire with red and gold,
And the nights with dew are heavy,
and the morning's sharp with cold;
Now the garden's at its gayest with
the salvia blazing red
And the good old-fashioned asters
laughing at us from their bed;
Once again in shoes and stockings
are the children's little feet,
And the dog now does his snoozing on
the bright side of the street.

What's on this month

- Friday 4th September - Afternoon City Tour
or hand massage with Pat
- Monday 7th September - Craft with Isobel
Carers Drinks Evening - Info from the office
- Thursday 10th September - hand massage
with Pat
- Friday 11th September - Craft with Isobel
(Women)
- Thursday 17th September - Storytelling Session
- Friday 18th September - hand massage
with Pat
- 21st September - Musical Bingo
- 24th September - Hand massage with Pat
- 25th September - Craft with Isobel (Men)
- 28th September - Craft with Isabel

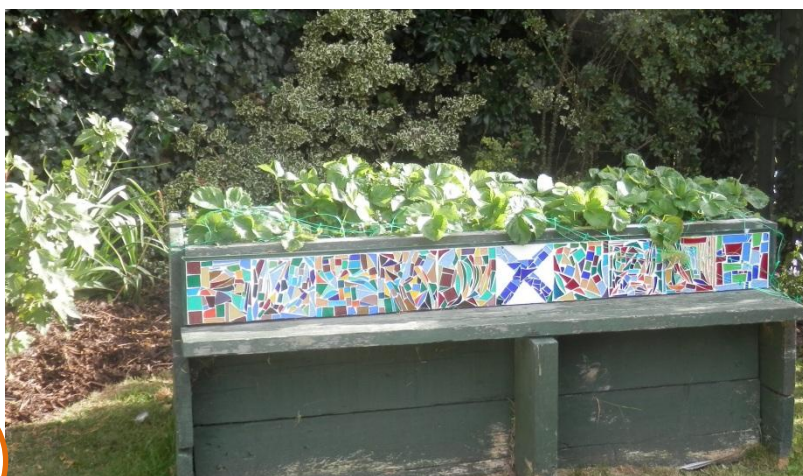
The Centre's Garden



Ceramic tile art by the Men's group



Wind chimes made by Eddie, Hugh,
Jackie, Jimmy, John, Robin, Lisa,
Tommy and Charles



We were visited this month by the gardening group 'Its Your Neighbourhood'
They were very impressed with our little garden and admired the craft work
made by our Men's Group.

Prestonfield Neighbourhood Project is a registered Charity No SC007869& registered with the
Care Inspectorate No CS2004076912

September Quiz

1. What organisation did Robert Baden-Powell found in 1908??
2. Who said: 'If you want something said, ask a man; if you want something done, ask a woman'
3. In the popular children's nursery rhyme what is Wednesday's child full of?
4. Genophobia is the fear of what part of the body?
5. Which musical instrument does Bill Clinton play to a very high standard?
6. Which newspaper, once the biggest selling English language newspaper in the world, ceased publication in 2011?
7. Who was the 40th President of the United States?
8. What is the most widely recognized national symbol of Canada?
9. Who have their headquarters at One Brewer's Green, London?



603 8311

This phoneline can help older people join events that are going on locally, Call for a chat with a friendly volunteer for info on local activities.

Prestonfield Carers Corner



The Carer's Café continues on the last Monday of each month from 10.30am to 12noon. Carers are welcome to bring their cared for person as staff are on hand to look after them while the Carer meets other Carers. This is a social gathering and we encourage you to come along and bring a friend if you wish.

The lunch at the Botanic's was successful for those who attended however the walk in the Gardens did not happen because of the wet weather - never mind we will try again! The next Carers Event is another social gathering this time in the Salisbury Arms at 6pm on Monday 7th September - contact the Project office on 620 7222 for more information

In addition to our normal Advice Service we also have the Carer's Drop in Advice Session on Wednesday afternoons from 1pm to 3pm or E-mail Prestonfieldnp@southedinburgh.net



An Afternoon of Music by 'Aonach Mor' From Live Music Now



WANTED - Project Volunteers

Do you have a few hours to spare during the day?

Are you looking to make a difference?

We are looking to recruit some volunteers to support the work in the Centre

Contact Linda on 620 7222 for more information

- Quiz Answers
1. Boy Scouts
 2. Margaret Thatcher
 3. Woe
 4. Knees
 5. Saxophone
 6. News of the World
 7. Ronald Reagan
 8. The Maple Leaf
 9. The Labour Party