



New Councillor Alison Dickie meets the Prestonfield's Men's Group



What's on this month - :

1st September - Crosswords and Scottish Sayings.
4th September - Quizzes, Dominoes.
5th September - Musical Afternoon.
6th September - Art with Carolyn, News Review, Dominoes.
7th September - Hoop-La.
8th September - Skittles, Little Monkeys Visit.
11th September - Little Monkeys Visit.
12th September - Karaoke.
13th September - Art with Carolyn, Skittles, Dominoes.
14th September - Balloon Tennis.
15th September - Hang the Man, Sing Along Karaoke.

18th September - Beetle Drive, Dominoes.
19th September - Name that Tune.
20th September - Art with Carolyn, Memory Ball, Dominoes.
21st September - Skittles.
22nd September - Little Monkeys, Last Man Standing, Head & Hand
Massage with Pat
25th September - Little Monkeys.
26th September - Desert Island Discs.
27th September - Art with Carolyn, Alphabet Game & Dominoes.
28th September - Beetle Drive Softball.
29th September - Quiz, Bean Bag Game.
30th September - SPONSORED WALK FOR PROJECT FUNDS

September - a Sports Quiz

1. Since the Open era in tennis, which six men have reached the singles final of the US Open the most times?
2. Due to superstition, what didn't Bjorn Borg do at Wimbledon?
3. Which biennial sporting event was postponed in 2001 following the September 11th terrorist attack on New York?
4. Who was England's first million pound footballer?
5. Who became the first footballer to score 100 English Premier league Goals?
6. What is Wembley Stadium's capacity?
7. Which football team does Prince William support?



Councillor Dickie meets the Womens Group



Carers Corner



Thank you to all who attended the last Café for the talk from **Megan** the Dementia Link Worker. The feedback was good and you all seemed to find it helpful and interesting.

Elizabeth Campbell the Dementia Advisor is going to get in touch with me to arrange a visit to the Centre and catch up with you all.

Can I also remind anyone who is interested in the **Sponsored Walk** on Saturday **30th September 2017** leaving at 12 noon.

Please come along and have some fun in helping us to raise some funds for the Project.



The next **Carer's Café** is going to meet in Dobbies Garden Centre at 10.30am in the smaller Café - all are welcome and I will continue to support all in the Group or individually if preferred.

I am always interested to hear your views/ideas on the ways you would like to be supported. Call Karen on 620 7225 for a coffee and a chat.



The Project now has over 120 clients receiving a personal footcare and toenail cutting service. We still have capacity for new clients. Our staff are trained by NHS Podiatrists. If you are over 50 and do not require podiatry, we can offer you this service. The cost is £10.00 per session and is by appointment only. Phone 620 7222 for information and to make an appointment.



- Quiz Answers
1. Ryder Cup
 2. Shave
 3. Roger Federer, John McEnroe
 4. Alan Shearer
 5. 90,000
 6. Aston Villa